



ANZMOSS

Australian & New Zealand
Metabolic and Obesity Surgery Society

MULTIDISCIPLINARY OBESITY CARE MASTERCLASS 2026



MELBOURNE 8 & 9 MAY 2025

PROGRAM DAY 1: 8 MAY 2026

7:30am	Registration desk opens	
8:30 - 10:00am	Session 1 Setting the scene	
8:30am	Course Welcome Jarryd Walkley & Dr Nick Williams	
8:40am	Gold Sponsor	FitForMe
8:45am	Gold Sponsor	Eli Lilly
8:50am	Facilitator	Redefining comprehensive obesity care
8:55am	Medical	The chronic disease of obesity and factors affecting treatment choice
9:15am	Psychology	The patients' perspective of care
9:25am	Psychology	The diagnostic shadow: Overcoming weight bias to restore clinical trust
9:45am	Medical	Lived experience video presentation
9:50am	Team	Beyond weight loss: What are we really aiming for?
10:00 - 10:30am	Morning Tea	
10:30am-12:30pm	Session 2 Starting well: Creating a collaborative clinical roadmap	
10.30am	Medical	Coordinating care
10:50am	Exercise physiology	Move to improve
11:10am	Dietetics	We're not the food police
11:35am	Psychology	It's not a test, don't stress
12:05pm	Nursing	The common thread
12:20pm	Team	Q&A

PROGRAM DAY 1: 8 MAY 2026

12:30 - 1:30pm	Lunch	
1:30pm - 3:30pm	Session 3 Preparing for surgery	
1:30pm	Medical	OMM overview
1:40pm	Surgical	Metabolic bariatric surgical procedures
1:55pm	Surgical	Who gets what and why?
2:10pm	Team + audience	Case conference: Collaboration in motion
3:10pm	Team	Q&A
3:30 - 4:00pm	Afternoon Tea	
4:00 - 5:00pm	Session 4 The surgery and perioperative care	
4:00pm	Surgical	The hospital experience
4:20pm	Nursing	Enhancing recovery
4:40pm	Exercise physiology	The first 12 weeks
4:55pm	Team	Q&A
5:00pm	Facilitator	Day close
5:00 - 6:00pm	Networking function - Exhibition Hall located in Lake Rooms 1-4	

PROGRAM DAY 2: 9 MAY 2026

7:30am	Registration desk opens	
8:30 - 10:30am	Session 1 Early postoperative care	
8:30am	Course Welcome Jarryd Walkley	
8:35am	Nursing	Leaving the safety net of the hospital
8:55am	Dietetics	Who knew solid food could be so good!
9:20am	Exercise Physiology	From recovery to routine
9:30am	Surgical	Early signs of deterioration
9:40am	Medical	Medical care: More than meets the eye
10:00am	Nursing	Always by the patient's side
10:20am	Team	Q&A
10:30 - 11:00am	Morning Tea	
11:00am- 12:30pm	Session 2 When recovery isn't straight forward: Managing specific challenges	
11:00am	Surgical	The dreaded leak
11:10am	Dietetics	Micronutrient quiz
11:30am	Exercise Physiology	Muscle and bone
11:40am	Psychology	Unmasking neurodiversity
11:55am	Medical	When the gut doesn't settle
12:10pm	Lived Experience	In her own words

PROGRAM DAY 2: 9 MAY 2026

12:30-1:30pm	Lunch	
1:30-3:30pm	Session 3 Navigating life once the honeymoon's over	
1:30pm	Lived Experience	Q & A
1:50pm	Dietetics	Eating for life
2:20pm	Exercise Physiology	Movement for life
2:30pm	Psychology	Dealing with speed bumps
2:50pm	Psychology	Clinical approaches to eating pathology
3:20pm	Team	Q&A
3:30-4:00pm	Afternoon Tea	
4:00-5:00pm	Session 4 Bringing it all together	
4:00pm	Medical	Importance of life-long care
4:10pm	Surgeon	Surgical aftercare
4:20pm	Team	Q&A
4:40pm	Team	Summary
4:55pm	Course Closing Jarryd Walkley	

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